

F A L L 2 0 1 4

# the 411 Newsletter

“Connecting Students to What’s Happening on Campus.”



## Half way there

The semester has finally reached the half waypoint. Up side, midterms are over... Down side, there is still half a semester to go through. Hang in there, the semester will go by fast if you work and study hard. That way you don't realize the time flying by.

## 2014 Fall Issue: October 13 – October 24 Important Dates

9/8 – 10/17	Withdrawal Period to Receive a “W”
10/13	Holiday – Columbus Day
10/20 – 11/7	Withdrawal Period to Receive a “W/F”
11/11	Holiday - Veterans Day

## *What’s Inside?*

*Student Services (pg 2 - 3)*

*Scholarship Opportunities (pg 3 - 5)*

*Academic Affairs Calendar (pg 5)*

*CNR Wellness Center Schedule (pg 6)*

*Fresh Print Stories (pg 7 -10)*

*Student Reviews (pg 11)*

*Express (pg 12)*

*“Chief of the Week” (pg 13)*

*Student Corner (pg 14)*



[ASCC 411 Newsletter](#)

## Making Announcements on 411

If you would like to make announcements via the 411 Campus Newsletter, please see Katrina Garcia at the S.L.A. Center, or you can email: [k.garcia@amsamo.edu](mailto:k.garcia@amsamo.edu) or [ascc411newsletter@gmail.com](mailto:ascc411newsletter@gmail.com). Or you can call 699-9155 ext. 479.

## Division of Student Services

“We here at Student Services are dedicated to providing each student with high quality services and assistance in all of our respective areas.”

**Counselor Contact** – Feel free to stop by and get help from your Counselors

Repeka Alaimoana-Nu’usa,  
Ph.D.  
Diversity/Tutorial  
Counselor  
Ext. 326  
[r.nuusa@amsamoa.edu](mailto:r.nuusa@amsamoa.edu)



Peer Mentors and students, posing with guest singer, Paul Ieti, for the “Meet and Greet the Counselors” ice cream social event.

Mana’o Satele-Vaovasa,  
M.P.A.  
Career/Academic  
Counselor  
Ext. 377  
[m.vaovasa@amsamoa.edu](mailto:m.vaovasa@amsamoa.edu)

Adrian Vasai-Moana,  
M.P.A.  
Transfer/Academic  
Counselor  
Ext. 362  
[a.vasai-moana@amsamoa.edu](mailto:a.vasai-moana@amsamoa.edu)

Abraham Le’i,  
M.L.S.  
Personal/Academic  
Counselor  
Ext. 480  
[a.lei@amsamoa.edu](mailto:a.lei@amsamoa.edu)

## Veterans Student Services Corner

Please see or contact Ms. Fuala’au Rosie Tago Lancaster, 699-9155 ext. 426 or email [asccvastudentservices@amsamoa.edu](mailto:asccvastudentservices@amsamoa.edu) for information concerning students with VA benefits.



## Financial Aid Outreach Counselor

Want to set up an outreach session for a local high school, village, community, or church organization to discuss transitioning to college and Financial Aid? Stop by the Counselors Office by the cafeteria, and see Mana’o Satele-Vaovasa.

Phone: 699-9155 Ext. 377      Email: [m.vaovasa@amsamoa.edu](mailto:m.vaovasa@amsamoa.edu)



## SLA Center

If you need tutorial sessions, stop by the S.L.A. Center for English or the Annex for Math and all other subjects, to get help. Call us at 699-9155 ext. 368 (Math and other subjects) or 479 (English), to set an appointment or just walk in. Email us at [slastaff@amsamoa.edu](mailto:slastaff@amsamoa.edu). We have one-on-one and group tutoring. If a teacher refers you to the Center, you must have a referral form. For staff and peer tutor schedules, ask anyone at both sites.



## Upcoming SGA Events

Monday	Tuesday	Wednesday	Thursday	Friday
<b>10/13</b> Holiday: Columbus Day	<b>10/14</b> Male Volleyball Tournament – First Round @ ASCC Gym 12:30 – 2:00		<b>10/16</b> Male Volleyball Tournament – Final Round @ ASCC Gym 12:30 – 2:00	
			<b>10/23</b> Congressional Forum @ ASCC Gym 12:00 – 2:00	
<b>10/27</b> Spirit Week Costume Contest Monday Theme: Prom Day	<b>10/28</b> Tuesday Theme: Recycle Day	<b>10/29</b> Wednesday Theme: Heroes & Villains Day	<b>10/30</b> Thursday Theme: Disney Day	<b>10/31</b> Halloween Costume Day

Want to see what’s happening on campus.  
 Check out our Facebook Page: ASCC 411  
 Newsletter to see all the pictures and events  
 the 411 Newsletter and the Fresh Print staff  
 cover. Don’t forget to “Like” the page!



## Scholarship Opportunities

The Jack Kent Cooke Foundation seeks high-achieving high school seniors with financial need for its College Scholarship Program, the largest undergraduate scholarship in the nation. Selected students receive college planning support, ongoing advising, and up to \$40,000 per year to attend a four-year accredited undergraduate institution. If you know students who stand out for their exceptional academic abilities and achievements, persistence, leadership, and desire to help others, please encourage them to visit the Jack Kent Cooke Foundation’s website to learn more. The application closes on November 4.

<http://hubs.ly/y069kG0>





## GET READY FOR THE COLLEGE GREENLIGHT COLLEGE APPLICATION MARATHON!

brought to you by  COLLEGE GREENLIGHT

The College Application Marathon is your chance to get college and scholarship application help from experts.

All day we will be available to answer your questions, help edit your essays, and find you great scholarship matches. And the best part? College Greenlight will be holding **hourly raffles and giveaways for every college and scholarship submission that you complete!**

**To participate, all you need to do is register online and have access to a computer with an internet connection. Follow these three easy steps to get ready.**

### REGISTER

Register for the College Application Marathon by logging into your College Greenlight account ([www.collegegreenlight.com](http://www.collegegreenlight.com))

### PREPARE

Search for scholarship opportunities ahead of time. College Greenlight has a great scholarship database that can help you find scholarships. Access it via your account or by visiting our blog ([www.collegegreenlight.com/blog](http://www.collegegreenlight.com/blog))

### ATTEND

On the day of the marathon you'll log on to College Greenlight and click on the **Scholarship Marathon** banner to join us ([www.collegegreenlight.com](http://www.collegegreenlight.com))

For more information on the College Application Marathon, ask the counselors... (Contact info on page 2.)



## Asian & Pacific Islander American Scholarship Fund (APIASF)

**Scholarship opportunities for Asian American and Pacific Islander students enrolling in Fall 2015**

<p><b>APIASF GENERAL SCHOLARSHIP</b> Closes January 9, 2015 at 11:59 PM EST</p>	<p><b>GATES MILLENNIUM SCHOLARS PROGRAM</b> Closes January 14, 2015 at 11:59 PM EST</p>
---	---

For more information, visit [WWW.APIASF.ORG/SCHOLARSHIPS](http://WWW.APIASF.ORG/SCHOLARSHIPS)

# Academic Affairs Calendar of Events

Date	Department	Activity	Time	Room
10/13/2014	FINE ARTS	Art Session with SIT exchange students	1:30-4:00 pm	Art Building
10/14/2014	BUSINESS	DEPT Mtg Tutorial Session Forum Prep		
10/14/2014	Language & Lit	DEPT Mtg	1:00	L&L Office
	TED	Assessment Mtg	9:00	TED
10/15/2014	SS1	Samoan glossary Revision		SS1
	BUSINESS	Free Tutorial Session	12:00-4:00 pm	
10/16/2014	SS1	Samoan glossary Revision		SS1
	BUSINESS	Business Forum		
10/17/2014	TED	Assessment Mtg	9:00	TED
	SS1	Samoan glossary Revision		SS1
10/17/2014	FINE ARTS	S.IT Farewell with PTK, Art students etc	12:00-1:30 pm	Art Building
	SS1	Samoan glossary Revision		SS1
10/18/2014	Language & Lit	Dept Mtg	1:00	L&L Office
10/19/2014				
10/20/2014	SS1	SAM 111 Reader Revision		SS1
10/21/2014	HHS	Dept Mtg	12:30	HHS Office
	BUSINESS	Free Tutorial Session	12:00-4:00 pm	
	FINE ARTS	Dept Mtg	12:30	30
	SS1	SAM 111 Reader Revision		SS1
10/22/2014	TTD	AWD 4th Session Registration		TTD
	BUSINESS	Free Tutorial Session	12:00-4:00 pm	
	SS1	SAM 111 Reader Revision		SS1
10/23/2014	SS1	SS1 dept mtg		SS1
	TTD	AWD 4th Session Registration		TTD
	BUSINESS	BAOA Mtg (Prep for Forum)		
10/23/2014	TTD	AWD4 th Session Registration		TTD
	FINE ARTS	Tisa's Tattoo Festival		

Date	Department	Activity	Time	Room
10/24/2014	TTD	AWD 4th Session Registration		TTD
	FINE ARTS	Tisa's Tattoo Festival		
10/25/2014	FINE ARTS	Tisa's Tattoo Festival		
10/26/2014				
10/27/2014	SS1	Translation and Faasamoa pea radio program		SS1
	TTD	AWD Session begins instruction		TTD
10/28/2014	BUSINESS	Free Tutorial Session	12:00-4:00 pm	
	SCIENCE	Dept Mtg	12:30 PM	SCI OFFICE
	SS1	Translation and Faasamoa pea radio program		SS1
	TED	Assessment Mtg	9:00 AM	
10/29/2014	SS1	Translation and Faasamoa pea radio program		SS1
	BUSINESS	Free Tutorial Session	12:00-4:00 pm	
10/30/2014	SS1	Translation and Faasamoa pea radio program		SS1
	BUSINESS	Business Dept Celebration Field Day--End Free Tutorial Session		
	SCIENCE	Science Symposium	12:30-2:00 pm	Lecture Hall
10/31/2014	FINE ARTS	"The Sounds of the Arts" faculty performance to raise funds for the FAD	6PM	ASCC Cafeteria
	SS1	Translation and Faasamoa pea radio program		SS1
10/31/2014	FINE ARTS	ASCC Glee Club Fall Debut Performance in partnership with ASCRF Student Club	Venue TBA	Venue TBA

# ASCC COMMUNITY & NATURAL RESOURCES WELLNESS CENTER OCTOBER 2014 EXERCISE LAB SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8-10	INDIVIDUALIZED EX RX		INDIVIDUALIZED EX RX	INDIVIDUALIZED EX RX	
12-1	<b>MACHO MONDAY</b> "WEIGHT TRAINING 101"	<b>TRAINING TUESDAY</b> "FUNCTIONAL TRAINING"	<b>WORKOUT WEDNESDAY #1</b> 30/30	OPEN ACCESS 25 MAX CAPACITY	OPEN ACCESS 25 MAX CAPACITY
1-3	OPEN ACCESS 25 MAX CAPACITY	OPEN ACCESS 25 MAX CAPACITY	OPEN ACCESS 25 MAX CAPACITY	OPEN ACCESS 25 MAX CAPACITY	OPEN ACCESS 25 MAX CAPACITY
3-4	INDIVIDUALIZED EX RX		<b>WORKOUT WEDNESDAY #2</b> CIRCUIT TRAINING	INDIVIDUALIZED EX RX	

**INDIVIDUALIZED EXERCISE PRESCRIPTION WITH DEGREED AND CERTIFIED STAFF:**

- **BY APPOINTMENT ONLY WITH URSULA OR AMMON**
- CONTACT INFO: 699-1575/EMAIL: UTEOMARTIN@GMAIL.COM, OR SIGN-UP AT WELLNESS CENTER RECEPTION AREA.
- MUST COMPLETE FITNESS ASSESSMENT WITH RYAN PRIOR TO RECEIVING INDIVIDUALIZED PROGRAM.
- PERSONALIZED EXERCISE PROGRAM DESIGNED TO ENHANCE PHYSICAL FITNESS. FREQUENCY, TIME, TYPE & INTENSITY OF EXERCISE WILL BE ADDRESSED BASED ON CURRENT FITNESS LEVEL & FITNESS GOALS.

**OPEN ACCESS HOURS:**

- OPPORTUNITY FOR INDIVIDUALS WHO HAVE RECEIVED INDIVIDUALIZED PROGRAMS AND TRAINING TO USE EXERCISE LAB AS WORKOUT AREA. EXERCISE STAFF WILL BE ON HAND FOR ASSISTANCE. 25 PERSON MAX



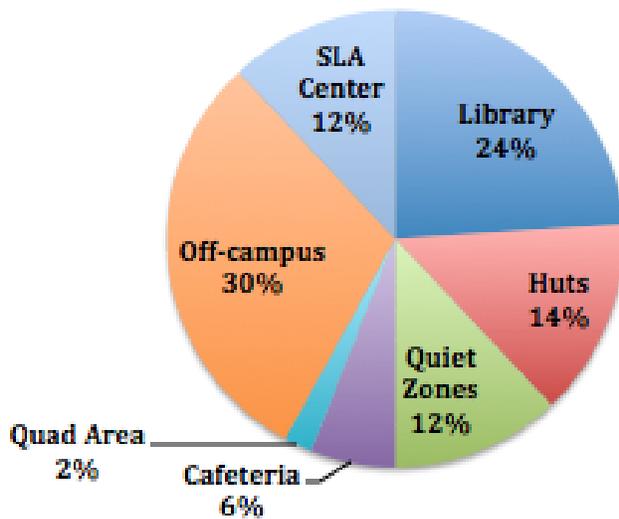
# FRESH PRINT stories

Fresh Print is ASCC's Journalism Club dedicated to creating content for you to read every 411 issue. Want to find out more or want to write content too? Stop by the SLA Center and ask Kat to find out more!

## Student Polls By Anna Iosefo

**How did you feel about the WASC visitation?**

- a) Excited 8
- b) Nervous 10
- c) Disinterested 12
- d) What is WASC? 7
- e) I don't know 13



**Where did you prefer to study?**

- a) Library 12
- b) Huts 7
- c) Quiet Zones 6
- d) Cafeteria 3
- e) Quad Area 1
- f) Off-campus 15
- g) SLA Center 6

## ASCRF's Tsunami Remembrance Project by Anna Iosefo

As flags were flown half-staff to commemorate the 2009 tsunami victims, the American Samoa College Research Foundation (ASCRF) Student Association also did their part by initiating their 2<sup>nd</sup> Annual Tsunami Remembrance Project.

Members of the Foundation Association presented a poster for signatures, messages, and testimonies from the students, faculty, and staff of the American Samoa Community College (ASCC) in front of the school's main entrance.

"We used this event to get in touch with the students of ASCC and to give back to our community, all while remembering the loss of our people," said Ariel Toluao, ASCRF Student Association member.

The Association distributed over five hundred cupcakes and provided face paintings to ASCC students, faculty and staff, as means of enticing students to partake in their project.

"Over 300 people showed up to our commemoration—which is pretty great," said James Maae, ASCRF Student Association President. "As an association, we would like to emphasize the idea of giving back to the community through simple acts of kindness."

Members wore purple in remembrance of the tsunami victims, and with over 300 signatures, they asserted their project a success. A donation jar was set up by the signature sheet, and all funds that were donated will be given to the local Red Cross.

"The ASCRF Student Association was established as a supporting group to the ASCRF," said Tiare Tupua, ASCRF Former Administrative Assistant.

Part of the Association's mission is to provide assistance to the students of ASCC and to support the programs and services of ASCC. Aside from its tsunami remembrance project, the Association has fundraised extensively to offer assistance to prospective graduates and has steered towards its vision to promote academics, raise awareness of scholarship opportunities, and establish a network of communication while utilizing available resources.

"The ASCRF Student Association plans to continue the tradition of honoring the tsunami victims of the tragic event on September 29, 2009," said Maae. "We will be hosting another tsunami remembrance project next year, and I hope you can all have the chance to support us again."





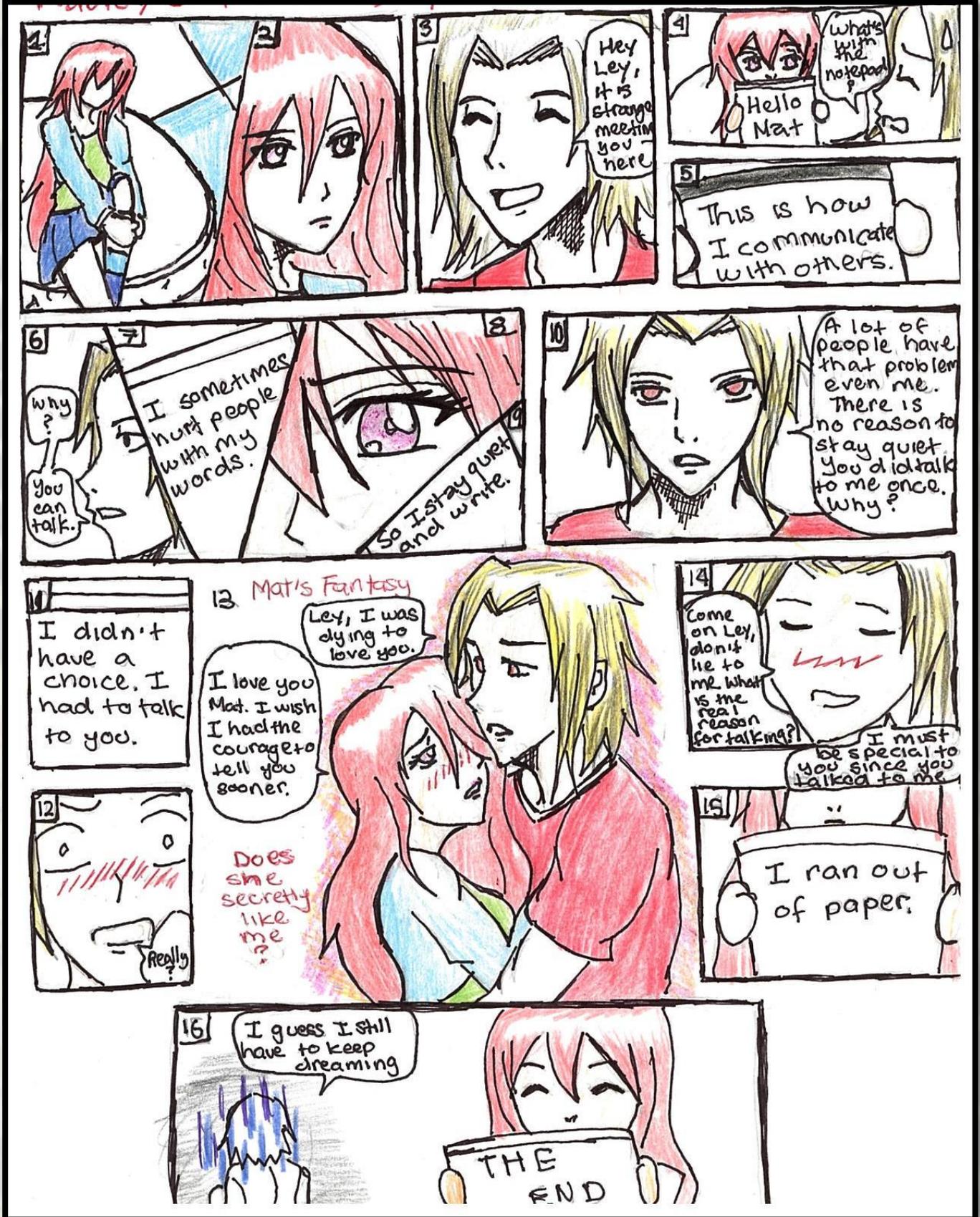
## You Probably Didn't Know \*[www.amsamoa.com](http://www.amsamoa.com) edition\* By Jasmine Muasau

How often do you visit ASCC's website? ASCC's website offers many different useful links and gives helpful information for students. Here are a couple of things on the ASCC's website that you probably didn't know was there.

1. Important Dates – When you're unsure about specific dates concerning various events like the add/drop period, pre-registration, or graduation dates, the ASCC website gives you all the important dates for the semester that every ASCC student needs to know, right on its home page. ([www.amsamoa.edu](http://www.amsamoa.edu))
2. ASCC Catalog – Instead of guessing what classes you need to take for your major, just click on the ASCC Catalog tab and get the right information you would need. ([http://www.amsamoa.edu/files/ASCC\\_CATALOG\\_2014-2016.pdf](http://www.amsamoa.edu/files/ASCC_CATALOG_2014-2016.pdf))
3. Textbooks – Students all know that textbooks are one of biggest financial expenses they have every semester. Instead of having to wait until the new semester starts to know what textbooks you need, you can find out by clicking on the Textbook tab on our website. It gives you the classes and what textbook they use with the price. Now, you know ahead of time so you can either start saving money for your books or purchase them online. ([http://www.amsamoa.edu/files/ASCC\\_Textbook\\_Listing\\_%282014-2016%29.pdf](http://www.amsamoa.edu/files/ASCC_Textbook_Listing_%282014-2016%29.pdf))
4. ASCC's 411 Newsletter – If you weren't able to get a hardcopy of the 411 Newsletter, you could get them on the website by clicking on the Newsletter tab. You can view all of the 411 newsletters that go as far back as 2009! (<http://www.amsamoa.edu/newsletters.html>)
5. Photo Gallery – ASCC has a photo gallery of most of the events and programs that happen on campus. Take the time to check out if you can find yourself or your friends by visiting the gallery. You can find photos from as far back as 2003. (<http://fotogallery.amsamoa.edu/main.php>)

Those are just a few things, and if you want to know more, take time to check out the website. It's just a click away.

# Matley (Paper Heart) by Ashley Hisatake, Fresh Print Staff



## Student Reviews

### American Horror Story: Freak Show

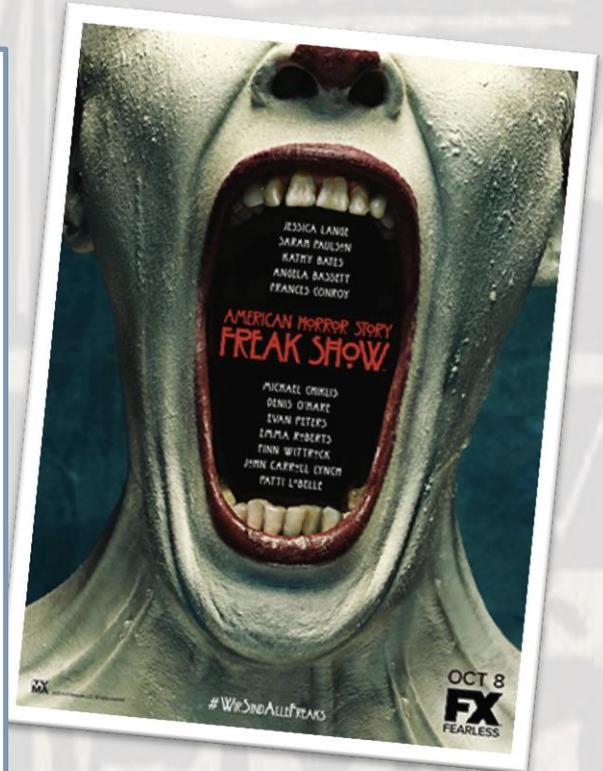
Review by: Uperesa Fakava

Murder House, Asylum, and Coven are all installments of the popular, American Horror Story. Finally, after seven months of waiting, it is back with its latest season: Freak Show.

The title is all you need to have an idea what this newest story is all about. Set in the 1950's, this peculiar group of people run one of the last remaining freak shows on earth. They are struggling to keep the business alive and fighting off 'evil forces.' What will they do to survive? Will they advertise, like most businesses, to prosper? Or would they dabble in murder to keep the business alive?

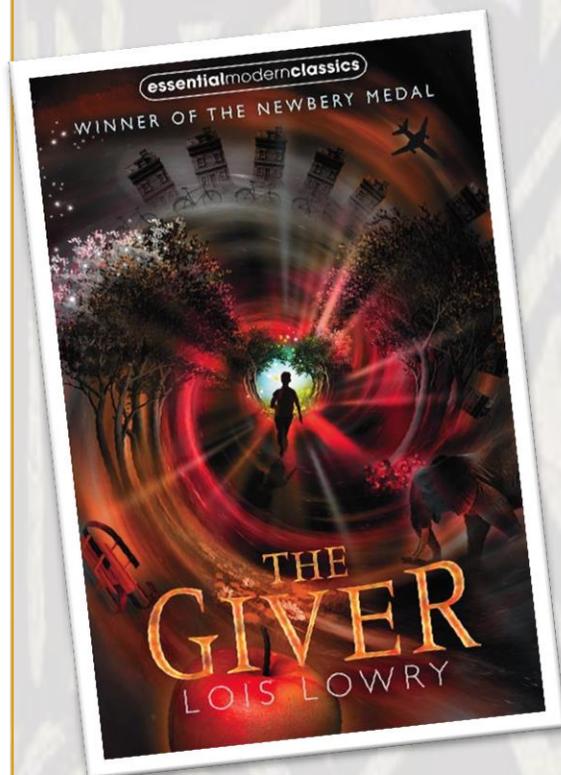
If you have watched the first three seasons, there is never an easy outcome 'nor a happy episode. All episodes are dark and filled with the scariest creatures you can imagine. This new show features a killer clown, a bearded lady, a woman with three nipples, a two-headed woman and many other odd creatures. The shortest woman alive also makes a debut in acting!

Get ready! Don't watch alone. Tune in on FX, (or your regular pirate website) Wednesdays at 9pm.



### The Giver

Review by: Amber Ropeti



Meet Jonas, an eleven-year-old boy who lives in a rigidly controlled society some time in the future. In his "community," there is no suffering, hunger, war, and, as you will soon see, no color, sex, music, or love. Everything is controlled by "the Elders," right down to who you will marry, who you receive as children, and what you will be "assigned" as a job. In short...this world is a lame place to hang out. Now Jonas is almost twelve, it's time for him to get assigned a profession. There's a big ceremony at which the decisions are announced. Jonas watches all his friends get their jobs (Recreation Director, Caretaker for the Old), but then he's skipped over. The Chief Elder finishes the ceremony and explains that Jonas has been "selected" to be The Receiver of Memory, which is a BIG DEAL. Weeks later, Jonas decides to find his own destiny and starts to head elsewhere where he believes is a whole group of people waiting for him. This book is an exciting novel and I highly recommend it for all you readers out there.

Oh, and it's possible he dies. Hard to say. Read the book and find out or yourself!

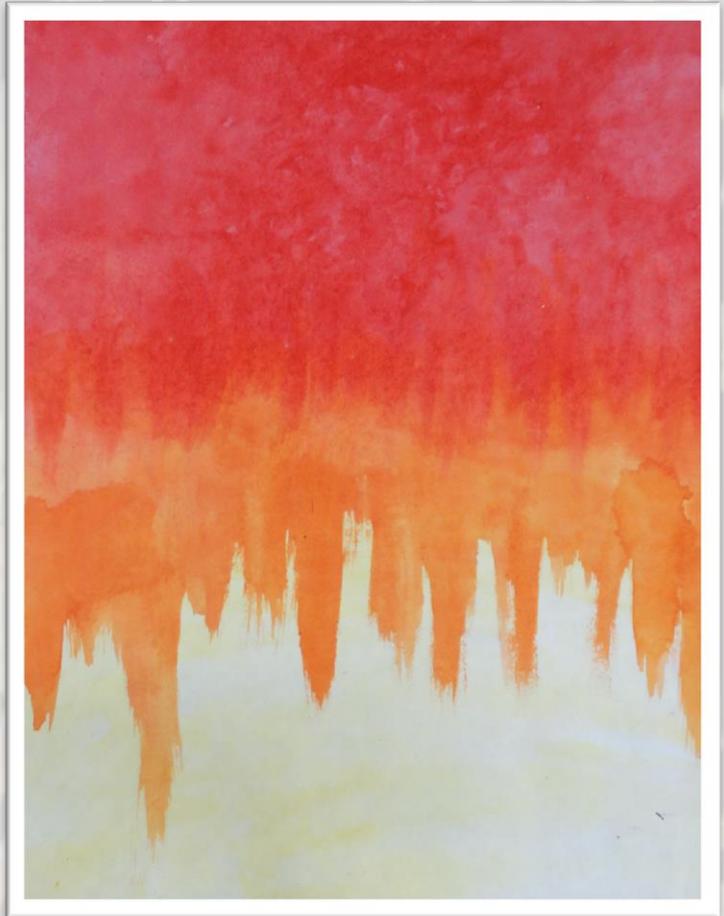
# Express

## Student Artwork

### TRASH

By: Angry Student

Trash shows where you're at.  
 Among the upsides, manifest  
 Both here and stateside, one  
 Downside of this Polynesian/  
 Caucasian conflation is trash.  
 Trash signifies affluence, as in  
 We've got money to spend on  
 Candy, chips, soda, and saimin -  
 Ironically, makes  
 You constipated. Even if these  
 Indicators of our first world  
 Tastes make our movements  
 Somewhat less freer than  
 Previously, we're still at liberty  
 Under the stars and stripes to  
 Sully our streets with rubbish  
 Like thoughtless dogs just  
 Littering wherever. I ask you,  
 What kind of progress is this?



Painting above by Manu Thomas

Have a love for art, poetry or photography? Show it off on the 411 newsletter and get your peers to see and admire it! Drop by 411 Editors' office, Katrina Garcia or email her at [k.garcia@amsamo.edu](mailto:k.garcia@amsamo.edu). All students that participate on "Campus Talk" will go into a drawing to win a prize at the end of the semester.

## “Chief of the Week”

### Siuleo Pouesi

#### Favorites:

**Movie:** Dark Knight

**TV Show:** Breaking  
Bad

**Book:** Halo: Ghosts of  
Onyx

**Sport:** Football

**Video Game:** Halo Trilogy (Bungie)

**App:** Pandora

**Band:** System of a Down



#### Something interesting about Siuleo:

“Over the last six years I have changed my instrument three times. From piano to guitar and finally the drums.”

#### What he likes to do outside of school:

“I like playing in our local band, ‘The Mad Hatters’ and practicing on my drums everyday.”

#### Where he sees himself five years from now:

“I see myself with at least a Masters Degree on Music Theory and Percussions in the next five years.”

#### Advice he has for you:

“Be yourself 100% of the time and someone else 0% of the time.”

#### Shout outs:

“Shout out to all buddies here in ASCC. If you know me and I know you, then you’re one of them.”

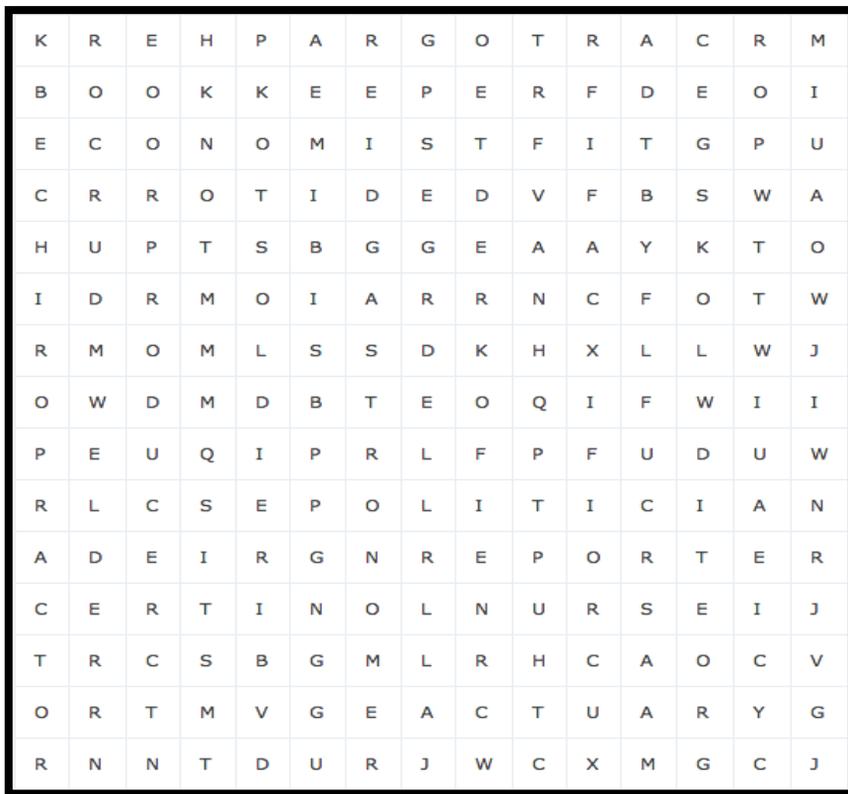
Get to know your peers through the 411’s “Chief of the Week.” Every issue will have a different student. All featured students that make the 411 will go into a draw at the end of the semester to win a prize. Pick up a form to fill out from the S.L.A. Center or ask for one via email to

[k.garcia@amsamoa.edu](mailto:k.garcia@amsamoa.edu).

# Student Corner



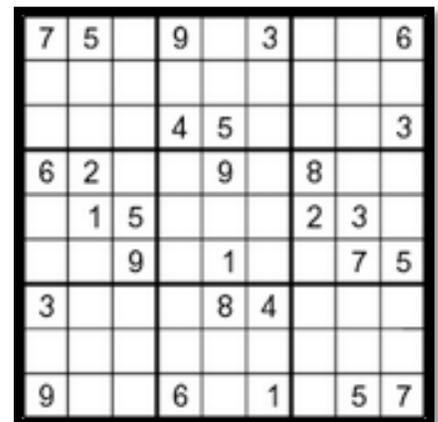
## Word Search – Careers



psychologist  
cartographer  
chiropractor  
astronomer  
politician  
bookkeeper  
economist  
producer  
reporter  
soldier

actuary  
drafter  
banker  
editor  
welder  
coach  
nurse  
pilot  
diver

S  
U  
D  
O  
K  
U



### Word of the day:

**Incorrigible** *adj.* Not able to be corrected, improved, or reformed. “His bad habits were incorrigible.”

*“I hated every minute of training, but I said, ‘Don’t quit. Suffer now and live the rest of your life a champion.’”*

- Muhammad Ali