

S P R I N G 2 0 1 4

the 411 Newsletter

“Connecting Students to What’s Happening on Campus.”



2014 Spring Issue:
Feb 24 – March 7

Midterms Incoming

One more week till it’s midterms. Are you prepared? Try not to get too stressed out, just find a good balance between studying and resting. Your reward... Spring Break!

Important Dates

2/3 – 3/21	Withdrawal Period to Receive a “W”
3/3 – 3/6	Midterm Exams
3/10 – 3/14	Spring Break
4/18 – 5/8	Priority Registration

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[ASCC 411 Newsletter](#)

Making Announcements on 411

If you would like to make announcements via the 411 Campus Newsletter, please see Katrina Garcia at the S.L.A. Center, or you can email: k.garcia@amsamo.edu or ascc411newsletter@gmail.com. Or you can call 699-9155 ext. 479.



Division of Student Services

“We here at Student Services are dedicated to providing each student with quality services and assistance in any of our respective areas.”

Counselor Contact – Feel free to stop by and get help from your counselors



Maria Kim-Lagafuaina,
M. Ed

Academic/Personal
Counselor

Ext. 480

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ICE CREAM!

Come see the counselors and get a free ice cream cone next week
Wednesday, March 5 at 12:00 pm in the hall way near the amphitheater.
Yum.



Financial Aid Outreach Counselor

Want to set up an outreach session for a local high school, village, community, or church organization to discuss transitioning to college and Financial Aid? Stop by the S.L.A. Center Annex, and see Mana’o Satele-Vaovasa.

Phone: 699-9155 Ext. 454

Email: m.vaovasa@amsamoa.edu

SLA Center

If you need tutorial sessions, stop by the S.L.A. Center for English or the Annex for Math and all other subjects, to get help.

Call us at 699-9155 ext. 368 (Math and other subjects) or 479 (English), to set an appointment or just walk in.

Email us at slastaff@amsamoa.edu.

We have one-on-one and group tutoring.

If a teacher refers you to the Center, you must have a referral form.

For staff and peer tutor schedules, ask anyone at both sites.



Veterans Student Services Corner

Effective immediately, those enrolled in education benefit programs other than the Chapter 33 or Post 9/11 GI Bill, may verify their enrollment via the Web Automated Verification of Enrollment (WAVE) website, or by calling 1-800-823-2378. Those utilizing Chapter 35 (DEA) or Family members should call 1-800-827-1000 for verification. VA students attending under Chapter 33, or Post 9/11 are not required to verify enrollment. The ASCC Business Office will submit “invoices” for tuition to the VA before payments are processed and issued. Further questions should be referred to your VA representative and certifying official. For ASCC students, please see or contact Ms. Rosie F. Tago Lancaster, 699-9155 ext. 426 or email asccvastudentservices@amsamoa.edu for more information.



Student Government Association

Come watch the Talent Show!

Final Round: Thursday, February 27, 12:30pm at the amphitheater

The first, second and third place winners for the Couples Costume Contest for Valentines.

To see more pictures from the contest, or any ASCC event on campus, check out our Facebook page: ASCC 411 Newsletter.



Scholarship Opportunity

McDonald's American Samoa Scholarship Awards for 2014 – 2015 Academic Year:

- **One \$8000 Scholarship Award** to a qualified applicant who has completed the required courses for an AA degree at ASCC and is continuing his/her degree program at an accredited U.S. college/university.

Come in to see Dr. Emilia Le'i in her office by the cafeteria to find out more information on how to apply.

“Fresh Print” Stories

ASCRFC’s Biggest Loser Competition

By Siuila Uele
Fresh Print Staff

For the first time, being a “LOSER” is praise worthy. The American Samoa College Research Foundation Club (ASCRFC) is hosting its “Biggest Loser” competition to promote health and physical fitness. The competition, having finished its third week, has two more weigh-ins until the announcing of the winners on March 7.

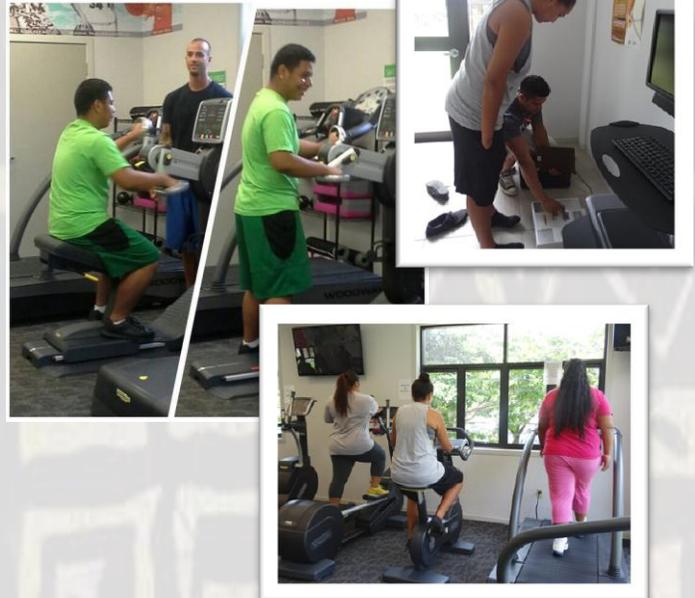
The competition is split into two categories: Individual and Couple. Twenty ASCC students have signed up for the challenge to start eating healthy and getting physically fit to win a cash prize of \$50 (individual) and \$100 (couple). Body Mass Index (BMI) and Body Fat Percentage determine the winners.

“It’s not so much about the money,” explained Tiare Tupua, ASCRFC Staff Advisor. “It’s about everyone encouraging each other. We as a club want to encourage everyone. We are ambassadors, so that is what we want to be to the students of ASCC.”

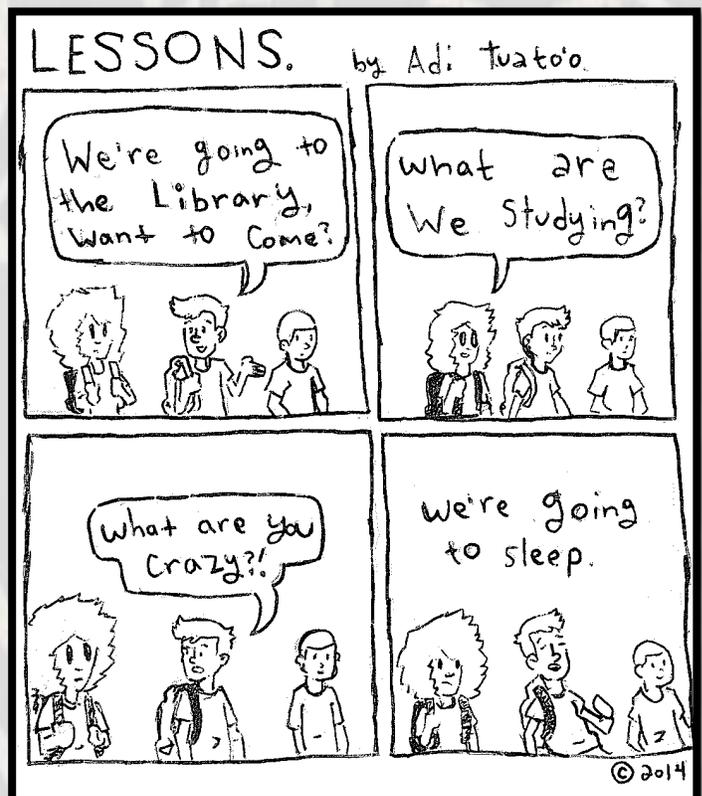
The ASCRFC has worked together with staff from ASCC’s Community and Natural Resources Division (CNR). Nutritional workshops were held within the CNR Wellness Center while equipment orientations were held within the exercise lab, ensuring proper and safe usage of exercise equipment. Weigh-ins are also done at the CNR Wellness Center.

James Mae, ASCRFC President said, “The competition is more about teamwork and motivating one another to be physically fit and healthy in and out of school.”

The ASCRFC hopes to host another “Biggest Loser” competition before the end of the semester and include ASCC staff and faculty. Live healthy, stay healthy ASCC!



Students exercising in the CNR Wellness Center exercise lab. (Courtesy photos)



Student Reviews

The Lego Movie

Review by: Dezmond Applin

The Lego Movie, directed by Chris Miller and Phil Lord is an action packed, children friendly joyride that you must see ASAP! Within the first five minutes of the movie, it'll have you laughing your socks off. Literally, this movie is packed with comedy in every minute. Though it may seem childish with puns and jokes around every corner, it still delivers important life lessons we can all learn from. With a rating of an 8.5 by IMDb.com and the combination of the ever-popular franchise of Lego building blocks, this movie will definitely not disappoint you. So bring your kids, bring your friends or bring anyone to the movies so you can share this amazing experience that is *The Lego Movie*.



The 1975 Album

Review by: Ronald Roque



The British alternative rock band The 1975 seemed to have come out of nowhere with their sudden rise to fame in the music industry. The self-titled album provides an interesting take on the alternative, pop/rock music genre, with its emphasis on heavy synth pop, emotional vocals and sounds influenced by the 1980s. Although many may argue that the 80s influenced themes may be unoriginal and at times familiar, it is undeniable that their songs are infectious as they tackle issues of life and love, and may leave one wanting more. An enjoyable listen, though I doubt this will be their best work.

Submit your Review!

Watched a new movie or read an exciting book lately? Submit a review on it to 411 editor, Katrina Garcia via email: k.garcia@amsamoa.edu. A short paragraph, positive or negative on movies, books, video games, Apps, products, restaurants, TV shows, even a UFC pay-per-view, you name it! I want to hear about it. Just no spoilers! All reviewers that are published will go into a drawing to win a prize at the end of the semester.

Campus Talk: “ASCC Experience”



College can be both a challenging and rewarding time in a young person’s life. Here are just a few responses from our local ASCC students about their college experience collected by Fresh Print Staffer, Adolf Petaia.

“Its stressful! But fun at the same time. I get to meet new people from different schools.”
Taisamasama Toatelegese

“My college experience here consists of a lot of assignments and homework to turn in. I learn many new things in college.”
Heather Japo

“Here in college some teachers are good and some are strict. ASCC needs a cafeteria that provides free food for the students.”
Fala Isaako

“ASCC is the bomb!”
Valelia Sefo

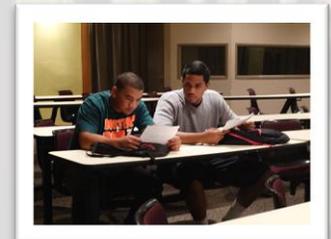
“Difficult yet quite worth it.”
Hugh Aumaga

“ASCC is a great place to start off with. It’s a great learning environment for foreign and Samoan students.”
Regina Live

“College is eva!”
Faafetai Mapu

“College life is really challenging and it really helps out a lot with keeping our minds working and awake.”
Agnes Masima

“My college experience has been a roller coaster ride. It is an experience after all and it’s still in progress.”
Siana Aupaa



“College was fun at first just getting used to how things run. Through the semester it gets harder but if you stay focused it’s like a piece of cake.”
Ponyo Sooszkie

“College has given me a whole new perspective about life. I knew from the start that education is the key to success in life so I persist and continue on with my studies even though it’s hard. And I am very proud to say that I will be graduating this semester with a degree that will bless my life forever.”
Benjamin Fatu



Got an opinion about a hot subject on campus? Drop by 411 Editors’ office, Katrina Garcia or email her at k.garcia@amsamoa.edu. All students that participate on “Campus Talk” will go into a drawing to win a prize at the end of the semester.

Express

Student Artwork

“Untitled”

A poem by Ron Luardo

You're Beautiful, Optimistic and smart
 You also have a kind, loving heart
 How could I have been so blind around me
 But when I look into your eyes, I see everything.
 The way you talk, dress, smile and the way you are
 I'm lost for words but are you my shining star?

The world around us may seem dark as night
 Though you always find a way to see the brightest things in life.
 Honestly, I'm afraid and shy, and I don't know why.
 I'm sorry that I kept you waiting
 I guess, when you're near, I'm the one who's hesitating

Your heart speaks through your poems
 The words you wanted to say, I have read & heard them
 My emotions and thoughts are stirring up
 Telling myself to stand up and be tough

Who would've known that you're the one I've been
 Searching for, right beside me all along
 Like a love song where both our hearts belong



Photography by
 Dezmond Applin

“In the Weeds”

A poem by Dezmond Applin

Whispers in the halls
 Eyes soon fall
 Double takes in a flash
 Teeth will gnash

Stares from every direction
 A crack in society's reflection
 Judgment flies like arrows in mid air
 But like a strong shield, I won't care

I'll never let man
 Tell me who I am
 A rose in the weeds
 I am indeed



Art by
 Carolyn
 Villarica

Have a love for art, poetry or photography? Show it off on the 411 newsletter and get your peers to see and admire it! Drop by 411 Editors' office, Katrina Garcia or email her at k.garcia@amsamo.edu. All students that participate on “Campus Talk” will go into a drawing to win a prize at the end of the semester.

“Chief of the Week”

Avea Lotoaso
From Pavai'ai
Liberal Arts Major

Favorites:

Book: Twilight

App: Checkers

TV Show: Sailor
Moon

Restaurant: Hong
Kong

Video Game: Black

Ops II: Zombies

Band: I Wrestled a
Bear Once



Something interesting about Avea:

“I’m goofy, haha.”

What she likes to do outside of school:

Go swimming and to the library.

Where she sees herself five years from now:

“An archaeologist.”

Advice she has for you:

“Don’t drink and smoke!”

Shout out from Avea:

“Shout out to all the students of ASCC. Love you all, stay in school!”

Get to know your peers through the 411’s “Chief of the Week.” Every issue will have a different student. All featured students that make the 411 will go into a draw at the end of the semester to win a prize. Pick up a form to fill out from the S.L.A. Center or ask for one via email to

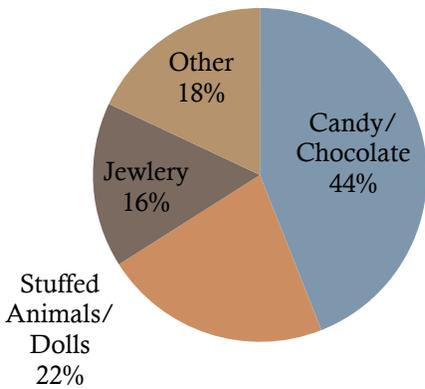
k.garcia@amsamoa.edu.

Student Corner

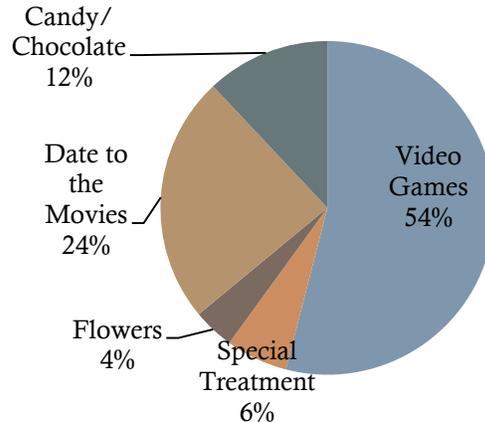
Fresh Print staff wanted to know more about your valentines. Here's what students said below:



Boys - What do you think a girl would want for Valentines?



Girls - What do you think a boy would want for Valentines?



Word Search – School

B	I	N	D	E	R	S	T	A	P	L	E	R	N	O
C	A	L	C	U	L	A	T	O	R	C	A	M	O	R
L	S	L	A	E	D	X	A	S	Y	B	C	E	S	W
P	U	R	S	V	H	I	S	T	O	R	Y	L	S	B
A	B	N	E	T	R	H	S	P	L	X	K	A	E	Y
P	A	M	C	T	X	R	I	Y	X	T	C	P	L	J
E	L	B	L	H	U	Y	G	K	G	C	A	T	I	I
R	L	Y	X	P	V	P	N	F	G	H	P	O	S	H
U	Y	K	R	O	W	E	M	O	H	E	K	P	C	W
G	S	C	H	A	I	R	E	O	R	M	C	X	I	E
Q	R	E	D	L	O	F	N	Q	C	I	A	Q	E	H
M	S	K	O	O	B	N	T	N	R	S	B	U	N	X
C	R	E	N	E	P	R	A	H	S	T	L	I	C	D
A	N	O	T	E	P	A	D	X	P	R	A	Z	E	Q
E	M	L	M	S	T	T	Q	T	G	Y	Q	R	Q	A

- assignment
- calculator
- chemistry
- sharpener
- backpack
- computer
- syllabus
- homework
- science
- history

- notepad
- stapler
- folder
- laptop
- binder
- lesson
- paper
- lunch
- books
- chair
- quiz

S U D O K U

3	7					
4	9	7		1	3	5
			3			8
			4			6
2	4	1		6	5	3
1	5					
	3		6			9
7		1		9	8	
	2		3			1

Word of the day:

Glower *v.* Have an angry or sullen look on ones face; scowl. “The librarian glowered at her for talking too loud.”

“Your time is limited, so don’t waste it living someone else’s life.”

- Steve Jobs