



American Samoa Community College
Department of Agriculture Community and Natural Resources (ACNR)
EMPLOYMENT OPPORTUNITY

Position Title: Health and Fitness Specialist
Employment Status: Full Time 12 months (Career Service)

General Description:

The ACNR Health and Fitness Specialist will work with ACNR Extension professionals to develop and deliver a variety of health fitness and program-specific physical fitness activities and promote an active, healthy lifestyle in the community. In addition, he/she will oversee the operation of the ASCC-ACNR Wellness Exercise Center to orient, assess, instruct, educate, and direct clients and visitors in a path that will correctly lead them to a healthier lifestyle. He/she will also be responsible for the Center scheduling, purchase requisitions, inventory, data, assessments, inquiries, maintenance, and reporting.

Responsibilities and Duties:

- Oversee the operation of the Wellness Center including, but not limited to, open/closing, schedules, purchase requisition, inventory, data, client recruitment and retention, assessments, attendance, reassessments, data collection, maintenance, and reporting. Supervise and oversee the correct use and operation of equipment and apparatus within the Center.
- Develop and deliver program-specific physical activities and actively promote and coordinate approved wellness activities and programs to increase adoption of healthy, active lifestyles in the community. Lead various exercise sessions for tours and outreach programs. Prepare and submit an updated plan of work and schedule and all biweekly, monthly, and annual reports for the Center.
- Enforce and document compliance on the part of the exercise facility and program as well as its clients. This includes all legal and pre-exercise waivers and questionnaires and other health and safety requirements.
- Work with clients to assess physical health needs to ensure safe and effective exercise regime. Conduct regular client assessments to monitor progress and prescribe appropriate exercise programming.
- Develop a Wellness Program that can incorporate ASCC-ACNR as a team and implement interventions.
- Perform other relevant duties as assigned by supervisor or Director of ACNR.

Minimum Qualifications:

- Bachelor degree in Health, Fitness, or related field.
- At least one year of experience in community-based promotion of active, healthy living; leading group exercise sessions; fitness assessments; and providing professional services to individuals to meet their health and fitness needs.
- Demonstrated competence to properly operate and maintain fitness equipment.

- ACSM (American College of Sports Medicine), NASM (National Academy of Sports Medicine), NSCA (National Strength and Conditioning Academy) AFAA (Aerobics Fitness Association of America), or any NCCA- National Commission Certifying Agency recognized certification. Current CPR/AED and First Aid.

Salary: **Salary will be commensurate with degree and experience.**

Application Deadline: July 19, 2018 no later than 4:00pm.

Applications are available from American Samoa Community College, Human Resources Office at 699-9155 Ext. 403/335/436 or by emailing Silaulelei Saofaigaalii at s.saofaigaalii@amsamoa.edu or ascchumanresources@amsamoa.edu.

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